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Sharna's farewell

On Friday, 4 September 2015, PEACE Multicultural Services, with mixed feelings, said their farewells to their team leader, Sharna Ciotti. There were feelings of sadness to see her go, yet feelings of happiness to know that she will be soaring to new heights and extending her professional and career boundaries. Sharna took on the role of team leader four years ago, and the team has been very fortunate to see her grow into the valuable team member that she was. She was held in high regard by the team and other Relationships Australia SA (RASA) staff.

Her contributions have been of great benefit to the team, to the organisation and to the communities she worked with. Sharna will undeniably be missed. We have no doubt that whichever direction Sharna takes in her career, she will continue to prove herself as an asset to that organisation. We wish Sharna the very best of luck and the greatest of success in all her future endeavours.



Who is new at PEACE



Gimms Andrews – The new PEACE Team Leader

Hi, my name is Gimms Andrews. I am really excited and grateful for the opportunity to join RASA as Team Leader – PEACE Multicultural Services. Though I am of Indian descent, I was born and raised in Africa. My parents were teachers and went to Sierra Leone in the early 70s to pursue careers as educators. That was where I was born. A few years later we moved to Nigeria where I stayed until I finished my 'O' Levels (year 10) and then was sent to India for further education. Eventually I completed my MBA from Stratford University in the USA.

I have worked in the not-for-profit sector for the last 20 odd years. I have been part of the implementation of various grass roots programs such as leprosy rehabilitation, orphanages, child adoption and placements, child survival, tuberculosis eradication, slum schools, vocational training programmes etc. Most of my work spanned across the South Asian nations of India, Afghanistan, Nepal, Bangladesh and Sri Lanka. For a little while I was posted in Singapore to help raise funds and set up charity programs in Indonesia and Malaysia.

It has been only 6 months since I have moved to Australia. I am blessed with a wonderful life partner named Wendy who also has been in the not-for-profit sector all her career. I have two delightful children.

I am grateful for the opportunity to be part of the RASA family and looking forward to meeting culturally and linguistically diverse communities and all of the stakeholders. It is really great to be part of this wonderful family! By the way, my favourite quote is "Be the change you wish to see in the world" by Mahatma Gandhi.



Sumbo

Hi, I am Sumbo Ndi. It is a pleasure to be a part of the PEACE team at Relationships Australia SA, where I currently work part-time, as a Statewide CALD Domestic Violence workforce development project officer for the Migrant Women's Support Service's program. I am very excited about the opportunity to contribute to the process of providing culturally appropriate support and positive outcomes for women from CALD backgrounds affected by domestic violence.

Although I have a background in Microbiology with many years of experience and expertise in infectious diseases, antimicrobial resistance, molecular epidemiology, vaccine development, drug discovery and food microbiology; there is another side of me that is passionate about diversity, gender issues, inclusion and belonging. The power of the human potential regardless of gender and race is something I strongly believe in.

Exploring the other side of me in more recent times, has led me to take a step out of the laboratory to connect more with the heart of the matter of what makes me tick. I believe everyone has the capacity to excel given the right conditions and appropriate support; and I enjoy guiding people in a process of self-discovery through coaching. I am a certified professional coach credentialed by the International Coach Federation.

I have been very much involved in my community in various capacities since being in Australia and the for last 4 years I have been the president of the Nigerian Association in South Australia. I have also been involved with the PEACE team for a number of years as a volunteer member of the CALD Women's Advisory Committee and the South Australian African Communities Health Advisory Committee (SAACHAC). These and other experiences have brought cross-cultural issues to my conscious awareness.

In 2013, I received the Governor's Multicultural Award, an honour that I do not take lightly. The more I think about multiculturalism in Australia and indeed South Australia; the more I realise how much work still needs to be done in building cultural skills, competencies and understanding, which underpins effective and equitable service or program development, delivery and outcome for all citizens. This is of great relevance and significance

in education, health, business and community services. This is a wave we all need to ride in the face of a rapidly changing economic and political climate.

I advocate for a more holistic and inclusive approach in my consultations on cross cultural issues in business, relationships, leadership and management.



Nicola

It's a wonderful privilege to work for PEACE. Such a great team of people and community members! I am mother with a fabulous partner and two lovely girls aged 10 years. At PEACE my role is Counsellor/Case Manager and I have been here 2 months. I have spent most of my working life (27 years!) employed in the private sector particularly with young people, children and families. I enjoy walking alongside people as they find their way through challenging times. It is always good to see the courage and spirit of humanity shine through.

I am a Professional Counsellor, with a Masters in Counselling from the University of South Australia. Up until recently I was a Senior Counsellor and Leader at STTARS, Survivors of Torture and Trauma Rehabilitation Service providing counselling support to former refugees and migrants. Currently, I lecture and tutor at Flinders University in the School of Social Work and Social Policy on Interventions with Children and Youth. I'm also on the Executive of the Counselling Association of South Australia that supports the professionalism and development of Counsellors in South Australia. Personally I love being active in my community, in the local community garden, in my girls primary school and local community events. I am passionate about social justice, a 'welcoming Australia', child rights and working towards a better world. I look forward to meeting you in the near future.

On placement at PEACE

Bin

Hi, my name is Bin Chen and I am a Master of Social Work student from University of South Australia. I am currently doing my last placement at PEACE Multicultural Services at RASA. I have had a great opportunity to learn about different cultural backgrounds as well as refresh my knowledge on blood-borne viruses, develop a deeper understanding of cultural diversity and cross-cultural engagement, learnt about creative and innovative ways to engage with different communities and share information. I have also learnt to empower vulnerable people and help them achieve their goals. I believe I have made significant developments on both a personal and professional level. I feel so lucky to be involved with such an amazing team!

Sarn

Hello, my name is Sarn Montgomerie and I am currently completing my Masters in Social Work. As part of this qualification I have been fortunate enough to receive a placement opportunity within Relationships Australia South Australia's PEACE Multicultural Services team.

Working with PEACE is a dream come true for me, as my background is in sociology and communications and I love learning about and being immersed in different cultures. I have been working for many years in Case Management and prior to that Project Management. So I welcome the chance to be more involved in community-focused community-developed programs and services. Everyone I have met has been so generous and engaging in learning and chatting and sharing stories with me. I feel deeply honoured to have this time and space with each new meeting.

I hope to take my learning to promote real diversity and better models for managing community-owned community development. Don't let the learning ever stop!

Open forum: health and human rights with Bisi Alimi

Thursday, 3 September 2015

On Thursday, 3 September 2015, PEACE Multicultural Services in collaboration with SHine SA and SA Mobilisation & Empowerment for Sexual Health (SAMESH); invited community members and sector workers to hear from and engage with, internationally renowned health and human rights activist, Bisi Alimi. The forum was an opportunity to think about 'labels' and how it can exclude people from services, especially same-sex-attracted men. His passionate and powerful presentation challenged listeners to consider views, values and understandings of what it means to 'be gay' and 'living with HIV', and how we label ourselves and others. Bisi was open about his life experiences identifying himself as a gay African man, living with HIV. He touched on important issues relating to racism, stigma and discrimination. He also addressed how health service providers could improve their programs to better suit and meet the needs of culturally and linguistically (CALD) clients.

'AIDS is not colour-blind' stated Bisi in highlighting that addressing HIV related issues should be of concern for every individual regardless of their cultural background, gender, sexual orientation or religious beliefs. He was hopeful that in future people would mobilise, unite and not 'fail to see the dignity of humanity'. Bisi encouraged everyone including community members as well as professionals, to organise and to act, not just to talk but create needed outcomes, to know why we are here, what we want to achieve and how we want to move forward.

To see more of Bisi Alimi's 'TEDx: There should never be another Ibrahim', visit:
www.youtube.com/watch?v=BQnOTJH3w4s

Bisi's meeting with community members and helping to break down taboo issues.

A round table discussion with members of the South Australian African Communities Health Advisory Committee (SAACHAC) and the Multicultural Youth Drive (MYD) followed the open forum activity with Bisi. The purpose of this round table discussion was to allow community members to engage with Bisi regarding the mobilisation of African communities in response to HIV and other related issues, pertaining to African communities. The presence of both the old and young community members; allowed for rich discussions from diverse perspectives. Participants shared some of their own personal stories of stigma and discrimination, including their previous perspectives of HIV, people living with HIV and homophobia. The discussions encouraged motivation for change with participants agreeing to take action. A community program will be developed in response to the issues raised during this discussion.

Training for African Interpreters

PEACE Multicultural Service in collaboration with the South Australian African Communities Health Advisory Committee (SAACHAC) is in the process of developing a training program for current and potential interpreters. The training aims to provide opportunity for interpreters to learn about the code of practice when conducting an interpreting job. This training focuses on languages spoken in Africa that currently have no accreditation in Australia.

Participants who complete the training will be highly recommended to all interpreter agencies.

If you are interested in participating in the training or know anyone who may benefit from it; please express your interest to Enaam Oudih at E.Oudih@rasa.org.au



Help available at the Casino

Many clients are aware that they have a gambling problem but are unsure where to go and how they can be helped. A dedicated team within the Adelaide casino are employed to support those individuals and facilitate referrals to a gambling help service.

To make the process easier for people who come from Culturally and Linguistically Diverse backgrounds, PEACE has developed a collaborative model with the casino where our counsellor meets the client at the casino premises to explain how gambling help services work, support options that are available and facilitate referrals to services that can help address all the problems that led the person to gamble in the first place.

PEACE also provides cultural consultancy and support to the casino staff to help them interact with their patrons in a culturally appropriate way.



Culturally and linguistically diverse communities talking about problem gambling and breaking the taboo

There is ample evidence that suggests that social exclusion is a major cause of problem gambling. Those on the margins of society and from disadvantaged groups are particularly susceptible. This, of course, means that people born outside Australia (or country of settlement) or of non-English speaking backgrounds, may be especially vulnerable. Increasingly, international students appear to be at risk. In addition, like other problem gamblers, ethnic minorities and some migrant groups may have multiple risk factors.

Problem gambling among culturally and linguistically diverse populations in South Australia has emerged as a significant concern, with evidence of marked adverse effects on the lives of problem gamblers, their families and their communities

A 'Have Your Say Day' Public Forum organised by the PEACE Multicultural Services team, along with volunteers representing over 30 community groups within the state, was held on 29 May 2015 at the European Catering Reception in Hindmarsh. It was an opportunity for community members and leaders to come together with service providers to share their views about ways in which we can address problem gambling within CALD communities. The Hon. Zoe Bettison, Minister of Communities and Social Inclusion and Multicultural Affairs, officially opened this important event and encouraged the 140 participants on the day to 'speak up, debate, challenge each other, and bring about a real and positive change for the future direction of our service delivery.' A RASA Consumer Voice speaker, Sonia, spoke powerfully of her struggles as a young migrant that led to a serious problem with gambling. Sonia's speech gave context for participants to identify the real issues and possible solutions.



The voices of the culturally and linguistically diverse background people are heard



On 1 October 2015, the first ever Culturally and Linguistically Diverse Gambling Help Action Plan was launched by the Hon. Zoe Bettison – at Relationships Australia SA in the presence of over 50 service providers who expressed great interests in the matter. This Action Plan was developed by PEACE in collaboration with the Office for Problem Gambling following extensive consultation with communities, service providers and industry. The voices and the ideas of the diverse communities presented at the open forum are heard and are reflected in the Action Plan.

We aim to work collectively with all services to ensure that our response is fluid, holistic and meaningful for culturally diverse communities. We were particularly pleased when the Minister announced one-off funding to develop a specific website and community ambassadors program to tackle stigma and discrimination. If you want to be involved in this program or you are interested in getting a hard copy of the Action Plan, please send your interest to Enaam Oudih on E.Oudih@rasa.org.au



Healthy women, healthy families, healthy communities

The PEACE team at Relationships Australia South Australia is very excited about the HIV Women's Health Program that was established recently. This program will provide a range of services to empower women affected by or at risk of HIV, to lead a healthy life that is free of stigma and discrimination. We are running this program to provide opportunities for women from all cultural backgrounds to:

- Have a voice and a say on what services need to be provided
- Have access to information and support services
- Build on their strengths and skills to lead an independent and healthy life
- Learn how to tackle stigma and discrimination related to health issues
- Have access to peer support, advocacy and referral services
- Build social networks and meet others in a safe and comfortable environment.

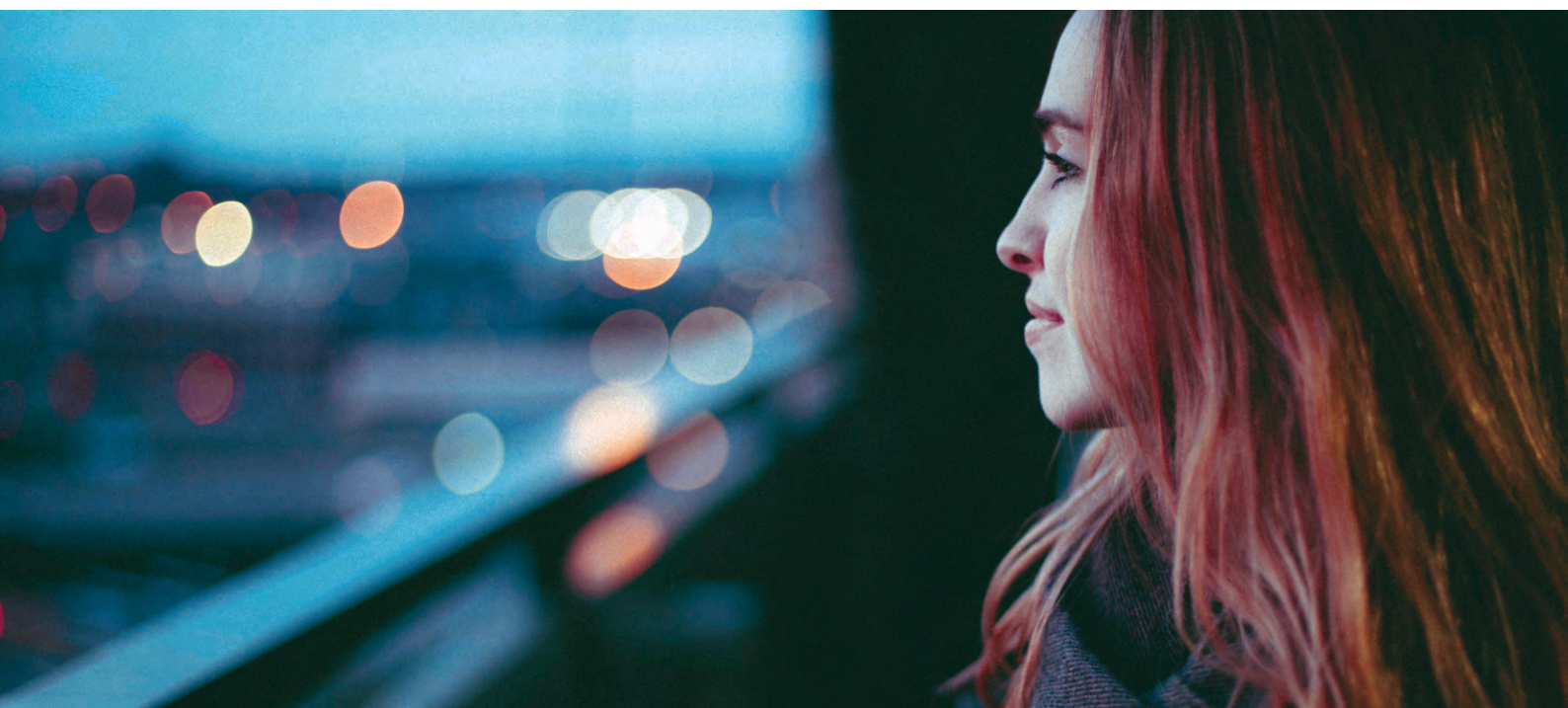
Our female Program Coordinator has extensive experience in working with gender based issues, HIV and culture. The Coordinator will first meet all women face to face, conduct a general assessment and discuss the most suitable interventions and future directions. Women can be referred to the service or contact us directly.

We aim to regularly consult with women to identify concerns and gaps in service delivery. An advisory committee has been established to highlight the profile of HIV and gender issues across our health and welfare system.

If you, or anyone you know, are interested in being a part of this program or would like to know more about the program, please contact the Program Coordinator:

Namam Salih.

Phone: (08) 8245 8100 | Fax: (08) 8346 7333
Email: N.salih@rasa.org.au



Hello from UNIDOS

UNIDOS

Coming to Australia to start a new life isn't always easy, as it's about having to adapt oneself to a new culture and establishing a new social network. Someone who is sexually diverse, may find this experience even more challenging as they might lack a sense of belonging or be struggling to find support. For the past few years PEACE Multicultural Services has been running its UNIDOS program that supports such individuals. The UNIDOS program offers a number of different services for those who are in need.

In July this year, peer support worker and mentor Ben, became the new UNIDOS coordinator. UNIDOS is an exciting platform for one-on-one mentoring support of its community members in a relaxing and comfortable environment through:

- Conversations
- Online
- Via emails
- Over the phone.

Ben would like to reach out, welcome and encourage community members to make contact if they have any issues in relation to their sexual identity, reaching out, facing discrimination, making friends or needing support regarding sexual health issues. UNIDOS one-on-one mentoring is a support service that is offered at our offices on site or at a conveniently located café or outreach locations. Having gone through the journey of being a Chinese gay man living in Australia as a student since 2011, Ben understands many of the challenges gay men face here. Ben would like to hear, share and discuss the experiences of each client; with a hope of being able to inspire, resonate and assure them that they are not alone. UNIDOS Facebook is available for those who wish to communicate with Ben via private message: www.facebook.com/unidos11

BOYZ

It is very understandable that a community member from overseas may have an urge to build connections with others from the same or different community in order to obtain a better understanding of other cultures in Australia. Ben has been managing a social group called Boyz for more than a year. This group enables community members from multicultural backgrounds to meet and greet under a common theme. The PEACE team completely understands that having to identify oneself as a gay or same-sex-attracted person in front of others; can be quite an intimidating experience for many people from culturally diverse cultures. Keeping this in mind, Boyz has adopted a 'natural mix' approach for its meet-and-greet events. This approach enables us to encourage Boyz members as well as others who are supportive of gay communities; to come together at each meet up event. However, identifying oneself as a same-sex-attracted is not a prerequisite to attend any of these events. In our experience most individuals who attend these events are very comfortable and supportive of people from culturally and linguistically diverse backgrounds. If you're interested in joining Boyz, please visit: www.meetup.com/theboyz/

OMID magazine

PEACE Multicultural Services proudly introduces its first ever queer magazine Omid (meaning "hope" in Farsi). Since magazines have always been an effective means of raising public awareness and having voices of community members heard, we would like to encourage all of you to send in your articles. For the first edition of Omid we have obtained fantastic support, great input and hard work from our community artists, PEACE members and members at our services. We would like to invite everyone to have a look of Omid's very first edition to read the stories written by our community members from Afghanistan and some of Farsi speaking countries about their personal journeys. It has a selection of short journal articles, poems, visual art and film reviews. Please stay tuned and find out how you can get a copy once it is released.

If you have any question on any of these topics or any other related issue, please do not hesitate to send Ben via email: b.yi@rasa.org.au

You can read and download the magazine here: <http://joom.ag/aHtp>





'Hot Pot' Event

The numbers of international students studying in Australia have been steadily rising since 2012, and in 2014 the total numbers enrolled reached close to 590,000. Adelaide is one of the popular cities attracting a good number of international students each year. Approximately 25%, or 147,500 of international students in Australia are enrolled in South Australian Universities. The majority of these international students come from China followed by India and then South Korea. PEACE Multicultural Services understands the importance of having their voices heard around their unique challenges living in this new country, with a hope to discover their strengths in making positive changes and possibilities of expanding their support network.

Ben, a PEACE Multicultural Services peer group support worker, came from China back in 2011 to undertake a Master of Social Work from the University of South Australia. Driven by his passion for supporting international students from a non-English speaking background, who may find it hard to navigate the local support service system, he started working very closely with this target community by building up relationships with international student groups and associations since July this year.

The first event we ran this financial year was a fun-filled 'Hot Pot' event on the 7 August 2015. This event aimed to connect current international students from culturally and linguistically diverse backgrounds (CALD), same-sex attracted as well as those who had built previous connections with Ben. The relaxed atmosphere and the delicious food enabled participants from diverse backgrounds to strike up conversations to share their challenges in a welcoming environment. The event also helped build an understanding of the kind of support PEACE offers such as counselling, mentoring, sexual health information and companions for visits to clinics.

'English Corner'

The 'English Corner' program has been developed in collaboration with Urbanest student accommodation. The idea behind this event was to bring to Adelaide a very familiar concept from Ben's home country China, where students who are not very comfortable conversing in English come together to practice spoken English with peers as well as invited native English speakers. Participants from various universities attended with a purpose to not only brush up on their spoken English skills but also build connections with peers as well as PEACE team members. At the English corner many topics of concerns can be brought up for discussion. The event was hugely successful with many expressing their desire for more such events. Keeping this in mind the next 'English Corner' event has been planned for 22nd of October 2015.

Are you a student from a non-English speaking background?
Are you struggling to find ways to improve your spoken English?
Is finding a native English speaker to chat with difficult?
If your answer is YES, this is going to be a fantastic opportunity for YOU!

English Corner

Speak Aloud with Bennie Yi

English Corner, an interesting concept, is well known among many students in Ben's home country China. It is a weekly event where many university students gather at a particular time, somewhere on campus to converse with one another in English. Students take this opportunity to practise the language, as well as to socialise.

For this event, you will get a bunch of super friendly "Lao Wai" (native English speakers in Mandarin) to join you and your friends for conversation! There is a beautiful indoor environment with music, plenty of space, good food and drinks.

Don't hesitate to RSVP, as places are limited. Come along to have an unforgettable language experience!

Time & Date: 6pm Thursday, 22 October 2015

Venue: Level 1, Urbanest Apartments
(12 Bank Street, right by Adelaide Railway Station tram stop in the city)

RSVP: Email Ben with your name to: b.yi@rasa.org.au (include your uni/school name, write down letter "U" if you're also from Urbanest).



PEACE Multicultural Services is provided by Relationships Australia South Australia Ltd and SA Health has contributed funds towards this program.

World Hepatitis Day 2015

Every year, PEACE Multicultural Services celebrates World Hepatitis Day in an effort to create awareness and mobilise communities in the fight against this virus. In celebration of World Hepatitis Day 2015, PEACE Multicultural Services in collaboration with Hepatitis SA, hosted an information and lunch session at the European Catering Reception Hall in Hindmarsh. During this event the community members learnt all about hepatitis and had an opportunity to network with other community members and service providers.

This event was very well attended with over 170 participants from diverse communities, religions, ethnicities and professional backgrounds. Participants ranged from high school students to seniors. The event commenced with an inspirational message and lived experiences from a hepatitis B positive speaker, who shared his personal story of living with the hepatitis B virus. Information was presented by both PEACE and Hepatitis SA members, in order to educate the public on hepatitis B, modes of transmission and getting tested; in an easy to understand format. Round table discussions followed the presentations. Intimate small group discussions provided participants the opportunity to learn more about hepatitis B, ask questions and dispel any myths surrounding the illness in a casual and stigma free environment. The outcomes from the small group discussions were then fed back to the larger group where various hepatitis related issues were then raised and discussed.

Following this fun-filled wonderful learning experience, lunch was served during which the participants got to know each other better and engage in lively and educative discussions.

If you would like to attend similar events in the future, please contact PEACE.



World AIDS Awareness Week

This Year PEACE Multicultural Services celebrated the World AIDS Awareness Week by organising a number of community forums and activities leading up to the World AIDS Day held on 1 December of each year and celebrated across the globe.

We sponsored Dr Lydia Mungherera, a high profile international HIV expert and medical doctor from Uganda who is living positively with HIV, to come to South Australia. Dr Mungherera is at the centre of the HIV response in Africa after leaving her work as a clinician to devote her time to advocacy on a matter that is close to her heart. Dr Mungherera speaks at various forums around the world, highlighting the importance of human rights and the crucial need to eliminate the stigma and discrimination faced by people affected by HIV. Dr Mungherera is at the forefront of the fight for peer support for mother-to-child transmission, increased adherence and engagement of fathers; and the role of advocacy against discriminating laws.

Dr Mungherera continually contributes to the discourse about the important role of people living with HIV in directing research and how to find new strategies to fight HIV, tuberculosis and malaria.

Dr Lydia engaged with the local community through a number of activities; she was also interviewed by Salt Magazine and by Radio Adelaide. She helped PEACE Multicultural Services develop a peer support model to engage more meaningfully with people who come from culturally and linguistically diverse backgrounds and those living with HIV. She empowered people and mobilised communities to take action to reduce stigma and discrimination. Her generosity was not limited to her stay in Adelaide for two weeks, it has expanded to ongoing support and mentoring for all of those that she met in Adelaide via SKYPE and other technologies.

We will share more details about the activities we held and the feedback we received in the next edition of our newsletter.

We will leave you with a quote from Dr Lydia Mungherera "I am now a free woman, I know my HIV status and I know what I should or should not do. If you don't know your HIV status then you are not free, go and get tested, don't let the fear control you."

Nothing About Us Without Us
Collaborative efforts in the fight against HIV/AIDS stigma and discrimination
6 November 2015, 5.30pm - 8.30pm
SAHMRI Auditorium, North Terrace

HIV/AIDS activist **Dr Lydia Mungherera** will deliver a keynote address on addressing stigma and discrimination around HIV/AIDS and the importance of collaborating with those living with the virus. Dr Mungherera is a noteworthy figure in the fight against HIV both in her home country of Uganda and on an international level. As a woman from a wealthy family and a doctor living positively with HIV, Dr Mungherera breaks down many stereotypes about HIV.

Professor Steve Wesselingh will open the event. Professor Wesselingh is an Infectious Diseases Physician, researcher in Neurology, HIV and vaccine development, and is the Executive Director of the South Australian Health and Medical Research Institute (SAHMRI).

Dorinda Halpern will MC this significant event. Dorinda wears many hats: she is a SAHMRI Registered Nurse (LJ), QND Registered Ophthalmic Nurse (LJ), FRCO (Disp) & BOA (Disp) Optician (LJ), CMC, Certified Marriage Celebrant, Media Personality, People of Australia Ambassador, African Australian Woman of the Year, has been bestowed the title of 'Living Legend', and best of all, an inveterate storyteller and free spirit.

Join us for an evening of inspirational words, African dancing and music.

This is a free event. For catering purposes call (08) 8245 8100 or book through trybooking.com/jmm

PEACE Multicultural Services MOSAIC Relationships Australia SOUTH AUSTRALIA

Culturally and Linguistically Diverse Community Event
Keeping Hope Alive: Thriving Beyond Stigma and Discrimination

You are invited to participate in an engaging, dynamic and thought-provoking discussion on the issues of stigma, racism and discrimination in our community with internationally renowned doctor and HIV-positive activist Dr Lydia Mungherera, visiting from Uganda.

Dr Lydia will share her story of hope, inspiration and courage, and her strategies for how to thrive amidst stigma and discrimination. We will explore how we can work together to shift negative perspectives in our community and create an environment where people can live happily regardless of their status.

Saturday, 7 November 2015
Relationships Australia SA
49a Ormond St, Hindmarsh
12.00am - 4.00pm

This event has been organised in collaboration with the South Australian African Communities Health Advisory Committee (SAACHAC).

For catering purposes, please RSVP by phoning 8245 8100 or email e.oudi@rasa.org.au

Relationships Australia SOUTH AUSTRALIA PEACE Multicultural Services

Left Out

PEACE launched 'Left Out', a short film produced by its Multicultural Youth Drive, to an audience of 100 at the Palace Nova Cinemas on 6 June 2015. This film was produced locally by CALD young people from Adelaide and it is about a young person that was left out because of HIV.

This story was chosen because it is common for us to hear about the secret life that people live as a result of their HIV diagnoses. Indeed, everyone has the right to decide when and with whom to disclose health problems such as HIV. However, we need to differentiate and understand the difference between illnesses we choose to keep to our self simply due to personal preference and illnesses that we feel we have to keep as a secret so that we can continue to be accepted in our society. When a person feels that they must keep their HIV status as a secret, they may experience shame and stigma and this can effect self-esteem, sense of identity and sense of belonging. Shame and stigma prevent people from seeking testing, seeking care or even adhering to care and treatment.

A diagnosis of HIV should never be used to define the person or to shame them. A positive HIV diagnosis is a label that should only be used by nurses and doctors to assist the individual in getting the best treatment and care. Research clearly shows us that people who know their HIV diagnosis and access treatment at an early stage can live a healthy and long life. The 'Left Out' short film and the 'Behind the scenes' video are now available to watch on YouTube:

Left out film: <https://youtu.be/AhU8qXJsglw>

Behind the Scenes: <https://youtu.be/S3-sNCIbyhc>

This film can be used as a tool to help you start a conversation about HIV, stigma and discrimination, HIV prevention, treatment, testing or sexually transmitted infections. Please use it and share it to help stop stigma and discrimination associated with HIV and always remember that HIV does not discriminate, it is people who discriminate.





Multicultural Youth Drive

Short Film Competition

This short film competition is an initiative of the Multicultural Youth Drive (MYD), a youth led committee supported by PEACE Multicultural Services (Relationships Australia SA). The aim of this competition is to promote positive attitudes and messages around health and well being.

Short film themes:

Safe sex and healthy relationships

Prizes:

1st Prize: \$500, 2nd Prize: \$250, 3rd Prize: \$100

Criteria:

Entrants must be of culturally and linguistically diverse (CALD) background and aged 18 – 30. Entry is free.

All entries must be G-rated and run for 5 – 10 minutes.

All entries must follow the theme.

All interested participants must be willing to participate in a workshop prior to commencing the project.

Official screening & launch:

All entries that meet the criteria will be judged by a judging panel from a number of organisations. These entries will be used to make a documentary which will be launched at a special function before June 2016. The top three winners will be announced and receive their prize at the launch.

Entry deadline:

Registration deadline: 20 December 2015

Workshop: 8 January, 2016 4pm to 6 pm – 49a Orsmond Street, Hindmarsh 5007 (Training Room 5)

All entries must be submitted no later than Monday, 8 February 2016

For more information and to enter, contact CeCe Hylton-Dei on 8245 8100 or at c.braima@rasa.org.au

Relationships Australia
SOUTH AUSTRALIA

PEACE provides information, training and support services to individuals, families and communities.

General Enquiries: (08) 8245 8100

Manager: Enaam Oudih – e.oudih@rasa.org.au

Individual/family support

Namam Salih - N.Salih@rasa.org.au

Nicola Trenorden - N.Trenorden@rasa.org.au

Soha Lafi Shahin - S.LafiShahin@rasa.org.au

Women's Health Program:

Namam Salih - N.Salih@rasa.org.au

Support Service Programs and Projects related to hepatitis B & C, HIV, sexually transmitted infections, and gambling related problems

Buol G. A. Juuk - B.Juuk@rasa.org.au

Laura Adzanku - L.Adzanku@rasa.org.au

CeCe Braima - C.Braima@rasa.org.au

Martin Manariyo - M.Manariyo@rasa.org.au

Ben Yi - B.Yi@rasa.org.au

Sumbo Ndi - S.Ndi@rasa.org.au

Community Support Volunteers

Many volunteer support workers covering more than thirty different languages and cultural groups are also available.

HIV Support Services

SAMESH (South Australia Mobilisation + Empowerment for Sexual Health)

64C Woodville Road, Woodville SA 5011

Phone: (08) 8300 5367

Help Available: Counselling, peer support and health promotion.

MOSAIC Services

49a Orsmond St, Hindmarsh SA 5007

Phone: (08) 8245 8100

Help available: Health promotion services, short term support, education, Counseling and case management.

Cheltenham Place - Individualised Support Program for people with HIV (ISP)

Phone: (08) 8272 8799

Help available: Short-term residential care and respite care as well as home-based services for people with HIV and their carers.

Viral Hepatitis Support Services

Hepatitis SA

3 Hackney Road, Hackney SA 5069

Phone: (08) 8362 8443

MOSAIC Services

49a Orsmond St, Hindmarsh SA 5007

Phone: (08) 8245 8100

Help available: Health promotion services, short term support, education, Counselling and case management

Gambling Help is available at these Relationships Australia (SA) offices:

Hindmarsh

49a Orsmond Street, Hindmarsh SA 5007

Phone: (08) 8245 8100

Help available: Specialised gambling help service to the multicultural community including one on one assistance

Adelaide

161 Frome Street, Adelaide SA 5000

Phone: (08) 8223 4566

Help available: Gambling and financial counselling

Marion

Office Suite 500a, Westfield Shopping Centre,

297 Diagonal Road, Oaklands Park 5046

Phone: (08) 8377 5400

Help available: Gambling and financial counselling

North

Salisbury, Elizabeth, Ridgehaven

Tel: (08) 8250 6600

Help available: Gambling and financial counselling

Berri

9 Kay Street, Berri SA 5343

Phone: (08) 8582 4122

Help available: Gambling and financial counselling

Other Gambling Help Services

Statewide Gambling Therapy Service (Flinders)

Southern Metro & Rural Areas

Flinders Medical Centre - Bedford Park SA 5042

Phone: (08) 8204 4779

20b John Street, Salisbury SA 5108

Phone: (08) 8182 4911 or (08) 8182 4090

Suite 9, 60 Marryatt Street, Port Adelaide SA 5015

Phone: (08) 8240 0522 or 8240 0833

Offenders Aid and Rehabilitation Service (OARS) SA

231 Morphett Street, Adelaide SA 5000

87 Dyson Road, Christies Beach SA 5165

Phone: (08) 0700 8218

Pokies Anonymous

Bowden Brompton Community Centre

19 Green St, Brompton SA 5007

Phone: (08) 8340 4262

Help available: Group meetings

Cambodian Community Gambling Help Services- Anglicare SA

9 Mary Street, Salisbury SA 5108

Phone: (08) 8256 2170

Help available: Gambling and financial counselling

Vietnamese Services

Vietnamese Community in Australia (SA)

62 Athol Street, Athol Park SA 5010

Phone: (08) 8447 8821

Languages spoken: Vietnamese, English

Help available: Specialised gambling help service to the Vietnamese community including one on one assistance

Chinese Services

Overseas Chinese Association

110 Crittenden Road, Findon SA 5023

Phone: (08) 8445 1677

Languages spoken: Cantonese, Mandarin, English

Help available: Specialised gambling help service to the Chinese community including one on one assistance